



RYAN WHITE PART A (RWPA) HIV/AIDS PROGRAM
 LAS VEGAS TRANSITIONAL GRANT AREA (TGA)

MEDICAL NUTRITION THERAPY—SERVICE STANDARDS

Drafted by Part A Recipient Office	Approved by Part A Planning Council
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September 2021	No Revisions Needed	Not Applicable

IMPORTANT: All Las Vegas Transitional Grant Area (TGA) service providers must adhere to the Las Vegas-TGA [Universal Service Standards](#). Please read the [Universal Service Standards](#) prior to reading the service standards below.

Service Description

Medical Nutrition Therapy includes:

- Nutrition assessment and screening
- Dietary/nutritional evaluation
- Food and/or nutritional supplements per medical provider’s recommendation
- Nutrition education and/or counseling

These services can be provided in individual and/or group settings and outside of HIV Outpatient/Ambulatory Health Services.

Program Guidance

All services performed under this service category must be pursuant to a medical provider’s referral and based on a nutritional plan developed by the registered dietitian or other licensed nutrition professional. Services not provided by a registered/licensed dietitian should be considered [Psychosocial Support Services](#) under RWHPA.

See [Food-Bank/Home Delivered Meals](#)

Minimum Requirements

STANDARD	MEASURE
1. Staff Requirements	
A. The medical nutrition therapy provider must be currently registered dietitians (RD).	A. Documentation of dietitian registration status
2. Service Delivery	
2.1. Nutrition Screening Clients entering Medical Nutrition Therapy services must receive a nutrition screening.	2.1. Documentation in consumer records of nutrition screening

<p>2.2. Nutrition Assessment The registered dietitian must complete a nutrition assessment that includes:</p> <ul style="list-style-type: none"> • Consumer concerns, questions, and requests • 24 hour diet recall • Current infections and medical conditions • Medical care status • Weight history and nutritional needs • Current gastrointestinal symptom or complications • Current labs • Current HIV/AIDS medications • Life style 	<p>2.2. Documentation in consumer records of nutrition assessment</p>
<p>2.3. Individualized Nutrition Plan The registered dietitian must develop an individualized nutrition plan that contains medically and culturally relevant recommendations concurrent to the nutrition assessment.</p>	<p>2.3. Documentation in consumer records of individualized nutrition plan</p>
<p>2.4. Ongoing Contact The registered dietitian must maintain ongoing and progress notes for all subsequent visits.</p>	<p>2.4. Documentation in consumer records of progress notes</p>
<p>2.5. Nutrition Reassessment The registered dietitian must complete a nutrition reassessment at least every six months.</p>	<p>2.5. Documentation in consumer record of nutrition reassessment</p>
<p>2.6. Nutrition Supplements Nutrition supplements may only be dispensed by the registered dietitian. In order to be eligible for nutrition supplements, the client must have a compromised nutritional status, as evidenced by one or more of the following:</p> <ul style="list-style-type: none"> • Significant weight loss of at least 7.5% in three months • BMI less than 18.5 and/or cachexia • Serum albumin is less than 3.5 • Malabsorption syndrome • Neurological or mechanical eating difficulties, such as dysphagia • A diagnosis of cancer with a history or expectation of significant weight loss • Poor appetite due to a medical condition (i.e., HIV/AIDS, cancer, dementia, kidney disease, Parkinson's) • A pressure ulcer greater than stage 1 or a non-healing wound • A feeding tube 	<p>2.6. Documentation in consumer record of compromised nutrition status.</p>

3. Program Data and Reporting	
<p>A. Medical Nutrition Therapy programs are required to collect the following data elements in the Las Vegas TGA CAREWare data system:</p> <ul style="list-style-type: none"> • Year of birth • Ethnicity • Hispanic subgroup • Race • Asian subgroup • NHPI Subgroup • Gender • Transgender subgroup • Sex at Birth • Health insurance 	A. Documentation in Las Vegas TGA CAREWare
4. Policies and Procedures	
A. None at this time.	A. N/A
5. Referral Policy	
<p>A. All service providers must work in partnership with the client, their internal care coordination team and external providers (both Ryan White HIV/AIDS Program-funded and non-Ryan White-funded sites) to ensure appropriate and timely service referrals are made.</p> <p>For more information, see Las Vegas TGA Referral Policy.</p>	A. For internal Ryan White Part A referrals: documentation in CAREWare. For external referrals: documentation in client record that referral was completed.