



RYAN WHITE PART A (RWPA) HIV/AIDS PROGRAM  
 LAS VEGAS TRANSITIONAL GRANT AREA (TGA)

***MEDICAL NUTRITION THERAPY—SERVICE STANDARDS***

<b>Drafted by Part A Recipient Office</b>	<b>Approved by Part A Planning Council</b>
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<b>Reviewed by Part A Recipient Office</b>	<b>Revised by Part A Recipient Office</b>	<b>Approved by Part A Planning Council</b>
September 2021	No Revisions Needed	Not Applicable

**IMPORTANT:** All Las Vegas Transitional Grant Area (TGA) service providers must adhere to the Las Vegas-TGA [Universal Service Standards](#). Please read the [Universal Service Standards](#) prior to reading the service standards below.

**Service Description**

Medical Nutrition Therapy includes:

- Nutrition assessment and screening
- Dietary/nutritional evaluation
- Food and/or nutritional supplements per medical provider’s recommendation
- Nutrition education and/or counseling

These services can be provided in individual and/or group settings and outside of HIV Outpatient/Ambulatory Health Services.

**Program Guidance**

All services performed under this service category must be pursuant to a medical provider’s referral and based on a nutritional plan developed by the registered dietitian or other licensed nutrition professional. Services not provided by a registered/licensed dietitian should be considered Psychosocial Support Services under RWHPA.

See [Food-Bank/Home Delivered Meals](#)

**Minimum Requirements**

STANDARD	MEASURE
<b>1. Staff Requirements</b>	
A. The medical nutrition therapy provider must be currently registered dietitians (RD).	A. Documentation of dietitian registration status
<b>2. Service Delivery</b>	
<b>2.1. Nutrition Screening</b> Clients entering Medical Nutrition Therapy services must receive a nutrition screening.	2.1. Documentation in consumer records of nutrition screening

<p><b>2.2. Nutrition Assessment</b> The registered dietitian must complete a nutrition assessment that includes:</p> <ul style="list-style-type: none"> <li>• Consumer concerns, questions, and requests</li> <li>• 24 hour diet recall</li> <li>• Current infections and medical conditions</li> <li>• Medical care status</li> <li>• Weight history and nutritional needs</li> <li>• Current gastrointestinal symptom or complications</li> <li>• Current labs</li> <li>• Current HIV/AIDS medications</li> <li>• Life style</li> </ul>	<p>2.2. Documentation in consumer records of nutrition assessment</p>
<p><b>2.3. Individualized Nutrition Plan</b> The registered dietitian must develop an individualized nutrition plan that contains medically and culturally relevant recommendations concurrent to the nutrition assessment.</p>	<p>2.3. Documentation in consumer records of individualized nutrition plan</p>
<p><b>2.4. Ongoing Contact</b> The registered dietitian must maintain ongoing and progress notes for all subsequent visits.</p>	<p>2.4. Documentation in consumer records of progress notes</p>
<p><b>2.5. Nutrition Reassessment</b> The registered dietitian must complete a nutrition reassessment at least every six months.</p>	<p>2.5. Documentation in consumer record of nutrition reassessment</p>
<p><b>2.6. Nutrition Supplements</b> Nutrition supplements may only be dispensed by the registered dietitian. In order to be eligible for nutrition supplements, the client must have a compromised nutritional status, as evidenced by one or more of the following:</p> <ul style="list-style-type: none"> <li>• Significant weight loss of at least 7.5% in three months</li> <li>• BMI less than 18.5 and/or cachexia</li> <li>• Serum albumin is less than 3.5</li> <li>• Malabsorption syndrome</li> <li>• Neurological or mechanical eating difficulties, such as dysphagia</li> <li>• A diagnosis of cancer with a history or expectation of significant weight loss</li> <li>• Poor appetite due to a medical condition (i.e., HIV/AIDS, cancer, dementia, kidney disease, Parkinson's)</li> <li>• A pressure ulcer greater than stage 1 or a non-healing wound</li> <li>• A feeding tube</li> </ul>	<p>2.6. Documentation in consumer record of compromised nutrition status.</p>

<b>3. Program Data and Reporting</b>	
<p>A. Medical Nutrition Therapy programs are required to collect the following data elements in the Las Vegas TGA CAREWare data system:</p> <ul style="list-style-type: none"> <li>• Year of birth</li> <li>• Ethnicity</li> <li>• Hispanic subgroup</li> <li>• Race</li> <li>• Asian subgroup</li> <li>• NHPI Subgroup</li> <li>• Gender</li> <li>• Transgender subgroup</li> <li>• Sex at Birth</li> <li>• Health insurance</li> </ul>	A. Documentation in Las Vegas TGA CAREWare
<b>4. Policies and Procedures</b>	
A. None at this time.	A. N/A
<b>5. Referral Policy</b>	
<p>A. All service providers must work in partnership with the client, their internal care coordination team and external providers (both Ryan White HIV/AIDS Program-funded and non-Ryan White-funded sites) to ensure appropriate and timely service referrals are made.</p> <p>For more information, see Las Vegas TGA <a href="#">Referral Policy</a>.</p>	A. For internal Ryan White Part A referrals: documentation in CAREWare. For external referrals: documentation in client record that referral was completed.